



Orgonite Plus.Net

A place to share ideas and comments on how to create a better world, through Orgonite and other tools of light.

- [Board index](#) < [Orgonite Plus Forum](#) < [Share Your Light](#)
- [Change font size](#)
- [Print view](#)

- [FAQ](#)
- [Login](#)

[JOSH'S LIFE PILLOWS](#)

[Post a reply](#)

30 posts • [Page 1 of 3](#) • [1](#), [2](#), [3](#)

[JOSH'S LIFE PILLOWS](#)

▣ by [monsoon gecko](#) on Mon May 31, 2010 2:37 am

yO ...g'DAY Gifters.

I have been trialing this sensational device for almost a month now. Most impressive.

My earlier post has been incorporated in Josh's new website:

[Joshlifepillows.com](#)

Yesterday, met up with Phd mate and showed him the pillow. He immediately reported he could feel energy running up his arm to a drainage point around the front area of his shoulder. He stated that he thought it could be working on accupuncture points, as he has a blockage in that area, We then pillowed some tap water and had seperate glass as control. He WAS surprised at the pillowed water having such a high charge compared to the control.

Well this afternoon, I dropped of the pillow to him for a weeks trial <he was excited >

BECAUSE,,,,,....my two large life pillows and 4 small ones arrived today...with some bonuses ! !

Thankyou Josh, really looking forward to sharing and running these ones through their paces.

Yippeeeeeeeee !!!

[monsoon gecko](#)

Posts: 102

Joined: Fri May 28, 2010 1:49 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [josh](#) on Mon May 31, 2010 4:16 am

Thank you Monsoon Gecko

I appreciate the good report, I must go and keep fire for a Native American ceremony today, so I must get going, but this evening I will answer and give the full history of the Pillow, why its name and where it came from.

Until this evening

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [josh](#) on Mon May 31, 2010 6:49 pm

Where does the Pillow come from:

It started 30 years ago, when my health went south because of welding in restricted spaces, breathing the fumes, I engaged the services of a nutritionist, her name was Nicole; she had me under a heavy regimen of vitamins and minerals and introduced me to a device called a polarizer that could reverse the spin, from left to right in any food or drink substances.

The polarizer was a box the size of a cigarette pack, may be a 1/2" wider made

of stainless steel, and at the time cost \$100, rather high for the time.

I would have it with me where ever I went, I had tried it on coffee and other drinks, and noticed defined changes in the taste of food as well, and hearing the many stories about the device convinced me that I would not go wrong in keeping it with me all the time.

All that time wondering what this box was about, and the lady who made it did not volunteered much info on it

It came in many sizes, the size that I had (cigarette pack) was called the pillow, most of the others were just called polarizers small or large.

The lady who invented the devise was called Ethel, this is all I know of her, except that 10 years ago no more of her products was available, her phone disconnected, and no way to get any more news.

So that is when I made the decisions to reinvent a Pillow, I had not much to work on all I knew for sure is that one of the ingredient was sea weed, and the rest crystals, so the trial and error started about 9 to 10 years ago
I also decided to name my devise the Pillow in honor of this wonderful lady.

I also found that the least amount of changes, in the amount of crystals, the type, and the other ingredients of rare earth, create a wide range of different results. I have made Pillows that cats love to be with and love to sleep on it, and changing proportions but a little, the same cat will not tolerate having it near. But all of them have the same capacity of reversing the spin.

About a year ago, I was being told time and again to start a website (by what was thought at the time to be a good friend), this same friend chose the name of the site 'joshusmaximus' and made the site as well.

Well, as we know, this did not turned out so good 😞

So now I made my own site as well as a forum, where we can share audacious ideas without the threat of being banned.

The Pillow is real, it works, all that have tried it know that it works, I do not know if the formula that I use is the same as Ethel, but it look like it is doing the same reversing of the spin.

Here you have it

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [nepipemi](#) on Tue Jun 01, 2010 12:01 pm

When I first received the Life Pillow (LP), I had only just learned to sense the energy from crystals and orgonite through my hands as a palpable sensation. I could not tune into the LP as easily at first but after about a month, I began sensing it very strong. It has a strong pleasant tingly sensation. Waving my hand back and forth over it is a similar sensation as if I would quickly through an evergreen shrub. As a comparison, orgonite feels like a strong push-pull magnetic or slightly electric sensation.

My father was over and I showed him the LP for the first time. We were drinking tea and he added stevia extract to his cup so I offered to treat the tea in his cup with the LP. As I waved it over the cup in his hand, he said "Wow, I felt something, a tingle!" so we did it again to see if he could feel it again and sure enough, he felt the sensation again.

I use the pillow to treat my food and drink, my aluminum kitchenware, and even my amalgam fillings. I know that it must be doing something because I can feel its' energy though my hands 4 inches away.

[nepipemi](#)

Posts: 45

Joined: Sat May 29, 2010 3:35 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [Spirit Walker](#) on Fri Jun 25, 2010 10:23 am

I love my Life Pillow.... 😊 Truly, I do. I've been wearing it around my neck since I received it, I sleep with it either on or under my pillow, I take it off and use it to "bless" everything I eat or drink. The energy I sense coming from it is very intense and strong, when palming it, I can literally hit a cushion about 2 inches away from it that repels my hand!!! I found using it like a wand over food and drink to be a very powerful and empowering experience. Just holding it above a glass of water, and slowly moving it back and forth, I can feel the energy

"interact" and change the water. Truly astounding and amazing.

Silly me, wondering what a Life Mattress might be like to have, just to sleep upon every night. Not sure I would wake looking like Robert Redford, but I bet in my dreams I would be, and making some indecent proposals to boot!!!! 😊

AHO!

Tony
[Spirit Walker](#)

Posts: 41

Joined: Fri May 28, 2010 9:43 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [sacred](#) on Thu Jul 22, 2010 10:55 pm

I received my life pillow yesterday, and haven't been without it since! Thank you, Josh! It went straight to my chest and had to stay there for quite some time ... how did it know I've been going through some grief? (that's not a serious question, btw, as we know that energy just knows! 😊)

I carried it in my left pocket to help with left hip problems, and next thing you know ... what hip problems? 😊

I've slept like a babe with it under my pillow ... and felt much more 'alive' in the morning ...

Friends have commented on the calmness and peace it holds ...

I blessed a phone call I had to make that was difficult to approach, and not an easy situation to deal with over the phone, and all went remarkably smoothly given the complexity of the situation, the person involved, the number of issues, and the time we had to discuss all of that ... end result, message heard and understood in a very short time, with all aspects understood and I believe the situation that got out of balance is now returning to a state of balance ... 😊

I haven't had a chance yet to call my friend in Texas and get her feedback for you, Josh, but will post same just as soon as I do!

just wanted to say a big "thank you!"

life is unfolding beautifully ... as it always does ... 😊

I'm very grateful ... 😊❤️



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [monsoon gecko](#) on Sun Aug 01, 2010 11:12 pm

Really like the new soft touch pillow, ..very maluable and luxurious feeling. But best of all it will take on form .Will sit on part of your body and mould to that shape..Lady friend has sore knee joint enjoyed using it..so much so that she's got it for a while now ...doh ...just when I was beginning to explore...interesting to see if improvement.

I continue to enjoy gourmet food and energised water using pillow daily. Hard not to take for granted.

What a blessing !

[monsoon gecko](#)

Posts: 102

Joined: Fri May 28, 2010 1:49 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [sacred](#) on Wed Aug 04, 2010 8:34 pm

I've been taking my life pillow to meditation and healing groups, and it seems to know where it's needed ... it does have a consciousness through the maker's intent, I believe! 😊

there's a beautiful Maori healer at the healing groups and when she was working on a woman's body last week, I felt the urge to offer her the pillow to put on the woman's chest ... she held the pillow and her face lit up ... she said it had beautiful energy, and placed it on the woman's body

it brings great comfort and peace to those going through healing, grief, muscular and nerve discomfort ... and again, it seems to tell me where it needs to go ... my connection with it grows day by day ...

when I was blessing my food last night, it stayed over the brussel sprouts for a while, went around the plate, then back to that particular vegie ... my first thought was that it had been sprayed with pesticides and the pillow was clearing that ...

it's a gentle healer, Josh, and again I thank you! 😊



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [josh](#) on Wed Aug 04, 2010 9:46 pm

Thank you Sacred, Many folks have also found the positive attribute to the Pillow, enjoy my dear, do not forget to get it in contact with any of your amalgam in your teeth (if you have amalgam) because it will neutralize the mercury 😊

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [sacred](#) on Wed Aug 04, 2010 9:59 pm

thank you for the mention of amalgam, Josh ... will most definitely do that! 😊

will it make me as good looking as you? 😊



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)



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- [Board index](#) < [Orgonite Plus Forum](#) < [Share Your Light](#)
- [Change font size](#)
- [Print view](#)

- [FAQ](#)
- [Login](#)

[JOSH'S LIFE PILLOWS](#)

[Post a reply](#)

30 posts • [Page 2 of 3](#) • [1](#), [2](#), [3](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [josh](#) on Wed Aug 04, 2010 11:31 pm

Well madame, I think all hopes of me being good looking have vanished long ago, I tried to make up for the lack of comeliness by being smart; but that did not work so well either having an IQ of 12 (this is the IQ of road pizza, or a frozen oyster), so now I'll make an attempt in being pleasant, but I am certain that many would have an issue with that also.

Oh well life goes on until..... 🤔

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [sacred](#) on Thu Aug 05, 2010 12:54 am

dear Josh ... through the eyes of an orgonite wearer and pillow person, you're simply stunning! 😊



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [monsoon gecko](#) on Fri Aug 13, 2010 7:25 am

Stunning all right !

Dropped in to see the lady who ordered 3 pillows and got four...she,s still excited..carries everywhere and sleeps with it..Her husband is the same ..checks

his pillow to see its under his pillow for sleep. ha ha...She gifted one to a fellow whose had heaps of surgery, parts removed, on going stuff etc and suffered for ages, he has a new lease on life, reporting lot more energy and feeling great....carrying the pillow constantly.....well most of time. ...Wow ..i'm continually enjoying these amazing pillows.

Recently I ordered 6 pillows. ...for family....AQIS ..quaranteed them, suspecting they may harbour agricultural predator or some such. long story with many emails ..at one stage they were going to be treated...gamma radiation...Josh seemed to think it would be cool as pillows function was EM protection...probably stuff the machine...but that would take 6 to 8 weeks...I couldn't wait that long , so gave permission to unstitch and check filling. Josh had already told me that all they'll find is powder sand, and seaweed., which I had already informed them on first phone call and explained it is an energy device. Both ladies over 2 days that I spoke to were totally pleasant and helpfull.

So next day get email saying we found powder inside...Doh ! What,s in it , for our record..? So , thanks again Josh , we gave a partial list of ingredients, with which they were happy....will only have to wait till next week.....better still, Aussies can still purchase Life Pillows.! Best money you'll ever spend !!!

Today, sent those lovely ladies a pretty TB , 6 pocket happy pills and info sheet.. wonder if they'll reply.?

Thanks Josh, we rode that wave well.!

[monsoon gecko](#)

Posts: 102

Joined: Fri May 28, 2010 1:49 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [Spirit Walker](#) on Tue Aug 24, 2010 1:32 pm

Spin me around, round and round..... 😊

I had an Epiphany last night while playing with my life pillows. I grabbed my pendulum and decided to test the spin of both pillows (right spin) and then decided to test just about everything within arms reach in my bedroom. I grabbed remote controls, lighters, cigarettes, ash tray, some carved up Cherry Tree wood I had been playing with, even a piece of plasterite. Everything except

my plasterite had a left spin to it.... that is, until I took my life pillow, put it on each item for a few seconds, then rechecked the spin of each piece, and bada bing, all of it now spun up right spin.

So being the enterprising young man that I am, I said, "why not check out everything electronic in my room?" So I did, all left spin. Pillowed each component and retested, got right spin on them. I hit my walls, the floor, the ceiling, my bed rails, mattress, bed pillows, night lite, alarm clock, and the more things I changed the spin on, the bigger the "change" I felt taking place in my room.... my ears popped!! After I finished late last night, I wondered if I would be able to sleep... LOL 😊 I did, and slept great!!

I share this because of how WONDERFUL it felt to have things in my environment now giving out POSITIVE energy instead of NEGATIVE!!!! I've started to pillow everything in my work office today, ears popped again!!!! Next is the truck, then back home to pillow everything.... kids, cats, you name it!!!! LOL 😊

Tony
[Spirit Walker](#)

Posts: 41

Joined: Fri May 28, 2010 9:43 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [Spirit Walker](#) on Tue Aug 24, 2010 1:32 pm

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Tony
[Spirit Walker](#)

Posts: 41
Joined: Fri May 28, 2010 9:43 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [josh](#) on Tue Aug 24, 2010 3:59 pm

This is good, I just tried something that seems to work: I took two Pillows and I put them on an extension cord 10 feet apart, result: as the energy of any socket was turning to the left, after 10 minutes they are all turning to the right.....and spreading ...to...the....whole...grid 😊😊😊😊😊😊😊😊

So now not only we are saturating the grid with the Plasterite, but the Pillows are doing a great job on the top of that.....Damn we are good 😊

Please guys and girls; one 15 feet extension cord, two pillows and you are in business, it gives the whole grid a positive spin.....a very uncomfortable place to be for anyone not vibrating this way 🤖🤖

Josh
[josh](#)

Posts: 194
Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [Steve](#) on Wed Aug 25, 2010 1:10 am

I finally gave in to temptation. Hooked up the beautiful plasterite piece that Catherine painted to the grid and also placed my two life pillows within the wrap as well. Why keep all the good energy to myself, right? Will report back any changes.

Peace
Steve
[Steve](#)

Posts: 33

Joined: Tue Jun 01, 2010 1:58 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [josh](#) on Wed Aug 25, 2010 3:25 pm

That's the way to go Steve, wonderful idea, you may want to dowse and see the direction of spin of the energy coming out of the light sockets, I have a strong feeling it is now turning clockwise

Josh
[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [Steve](#) on Thu Aug 26, 2010 12:11 am

Yes Josh it's spinning clockwise! 😊

S
[Steve](#)

Posts: 33

Joined: Tue Jun 01, 2010 1:58 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

by [josh](#) on Thu Aug 26, 2010 10:56 am

It look like it is an element of the energy that we had not yet payed attention to: the direction of the spin 🌀, What I have found is that any Orgonite that I have made is spinning to the left, but after being pillowed for a few seconds to a minute, it will go to the right, so this will certainly increase the effectiveness of the Orgonite, at the same time as we Pillow all around us it is making our environment much more pleasant in many ways.

Pillow everything that is aluminum, it will instantly change it to a life giving material, rather than being a toxic one.

Pillow all your appliances, floor, walls, food, drinks.....endless possibilities Also as you put the Pillows on a electric cord, it is not necessary to have an appliance at he end of the cord, it will do the polarization without anything running 😊

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

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- [Board index](#) < [Orgonite Plus Forum](#) < [Share Your Light](#)
- [Change font size](#)
- [Print view](#)

- [FAQ](#)
- [Login](#)

JOSH'S LIFE PILLOWS

[Post a reply](#)

30 posts • [Page 3 of 3](#) • [1](#), [2](#), [3](#)

Re: JOSH'S LIFE PILLOWS

by [monsoon gecko](#) on Mon Aug 30, 2010 3:13 am

I,m back..5 days without phone or internet...what a pain..new line was pulled thru today.ok

Pillows finally arrived from customs (aqis) after sitting on mailing shelf for well over a week.

Can you believe that. ? Lucky I phoned.to see if they were in the post !....So no danger to Australian agriculture.

Wrapped small pocket pillows at base and top of Giant cone...25m cord...but couldn't pick the diff. Everything seems positive around here these days. Will leave in place.

Does it matter how cord is wrapped..clockwise or anti-clockwise ?

I naturally wind from base up, clockwise direction but mate said anticlockwise = opening , left

clockwise = closing, right.....I understand his thinking, from his point of view, He reported the gifted plaster broadcaster working ok, it was wrapped clockwise.

Does it matter ?

Thanks

Oh , did get reply from AQIS ladies, thanking for surprise gifts, but as a gov dept, can't accept gifts.

Next time a letter will suffice. They kept them ...good one. !

[monsoon gecko](#)

Posts: 102

Joined: Fri May 28, 2010 1:49 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [sacred](#) on Thu Sep 02, 2010 7:13 pm

josh wrote: Also as you put the Pillows on a electric cord, it is not necessary to have an appliance at he end of the cord, it will do the polarization without anything running 😊

Josh, the pillows are amazing! I did as suggested with the power cord and appliances, and where I would normally still feel the energy field of the electricity and keep a healthy distance, all these appliances are now 'neutralised' ... and dare I say, feel harmonious to be around! 😊

forgot to mention some time ago, too that I did the pillow over the mercury in my mouth and felt a tingling almost immediately 😊

you are such a clever little duck! 😊

Linda



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [Lightning](#) on Fri Sep 03, 2010 2:39 pm

Thank you Josh, for keeping your eyes open and posting your good and detailed observations.

Have a Great Day, wherever you are 😊

Namaste,

Linda

[Lightning](#)

Posts: 55

Joined: Sun Jul 25, 2010 8:39 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [monsoon gecko](#) on Fri Sep 10, 2010 7:36 am

Just completed week at another local school. I gave release time to many classes, taking place of teacher off on annual multi-school musical extravaganza...The Beat.

Classes either made plasterite or played sport... indoor hockey with plastic sticks

and puck.

With plasterite , we pillowed the water, plus quite a few drink bottles,
With hockey , after picking teams and revising rules / safety . etc. I mentioned
the pillow as energy device. for food water and pain. Gave quick description of
contents, then told of other students using at other school after playground
accidents.

Needless to say , the pillow was used a few times,...passed around and held by
others...,little kids,, they wack the sh@t out of each other! Shins , arms .hands,
etc ...only couple of head highs...always a worry...!

and in all cases , pillow worked !...Not one off to the office crying this time !

Witnessed red welt across wrist disappear !

Students are such good guineapigs !....ha ha

[monsoon gecko](#)

Posts: 102

Joined: Fri May 28, 2010 1:49 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [monsoon gecko](#) on Fri Sep 17, 2010 9:00 am

Ha ha , guinea pig myself.....wasp sting, pain dramatically reduced in about 90
seconds.!

Real quick, compared to 5 or 10 minutes of grinning and bearing it !

Always take my Life Pillow to share when heading out. along with pocket
organite...oh,

and little magnets in shoes..ha.

From first hand observation, the pillow seems to reverse pain and associated
swelling

to an injury if used/applied straight away...from seconds to just a few minutes..

Pillow..such a blessing

Must have something to do with spin reversing on electron level

....shock.....polarity ?

Every school and workplace should have one....no, several...ha ha

[monsoon gecko](#)

Posts: 102

Joined: Fri May 28, 2010 1:49 am

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [sacred](#) on Fri Sep 24, 2010 11:29 pm

I posted on OrgonizeAustralia about using the pillow for a tick bite ... helped, and I hope to think of it sooner next time

I am very excited/pleased about an incident yesterday

I'd been a bit seizure-prone the end of last week ... could feel one around Thurs & Fri (I get warnings, feel out of balance) ... it came on Sat arvo, so I did my usual (ran to the bedroom, Rescue Remedy, etc) then thought of Josh's pillow, which was under my pillow so I grabbed it the energy subsided almost instantly! the seizure stopped!! 😊

because I do get auras (warnings), I get time to do things that I know help, and can often abort the seizure, but it usually takes a bit longer and it happens differently it eases off slowly not within 3 seconds ...

I am stoked! the pillow was instantly grounding ... felt almost like it created a grounding anchor to deep within the earth (the final trigger had been the high-pitched sound of the computer ... electricity isn't my best friend, energetically 😞)

Josh, you're brilliant! & I am very grateful ... had I had the seizure, I would've lost a day recovering from it, but that didn't happen!!!!!! 😊😊😊



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣by [josh](#) on Sat Sep 25, 2010 5:35 pm

Hello Sacred

Thank for this wonderful story, it may help other folks with the same condition, wow!, I dont believe we will never know the extent of the abilities of this device. I am so please it help you, as you go with your day put it on anything and everything, it will re-polarize all around you, and you will find new ways to use it as you just did. If The invention of the Pillow was only for that one instance it would have been worth while

Thank you my dear you did wonderfully

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▣ by [sacred](#) on Sun Sep 26, 2010 4:37 pm

amazing stuff, Josh amazing results

I pillowed the power points and electrical appliances as you'd suggested some time ago, and noticed I didn't feel the electrical 'aura' that almost repels me from getting too close to them ... it definitely neutralised that prickly feeling of electricity that I sense ...

I've been recommending orgonite (& your pillows) to people who have been contacting me for flower remedies ... *instead* of flower remedies! 😊

seems I'm addicted ... 😊😊😊



[sacred](#)

Posts: 86

Joined: Sat Jun 26, 2010 9:44 pm

- [Website](#)

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▫by [josh](#) on Fri Oct 08, 2010 9:32 pm

Another piece of good news: My neighbor is a radio operator in one of the Green Peace ships he just came back with a nasty infection under a bridge in his mouth, back and forth to the dentist, lost of pain and antibiotics and waiting, He just called me to say that, as he was undoing his baggages, he found his Pillow that I had made for him before he went on the ship, so since nothing else was working he put the Pillow on his face, he said that in a few minutes the pain was gone 🙏🙏😄😄😄

This is indeed good news

Josh

[josh](#)

Posts: 194

Joined: Thu May 27, 2010 7:10 pm

[Top](#)

[Re: JOSH'S LIFE PILLOWS](#)

▫by [Spirit Walker](#) on Fri Oct 08, 2010 11:22 pm

I'm not surprised by some of these revelations myself... 😊 I continue to use my pillow for/on everything and anything. I cut my finger pretty good the other night, instantly pressed it against pillow, almost no bleeding or pain, healed in 3 days completely. Burned my finger on a candle flame, pillow stopped pain almost instantly, no swelling or discoloration, gone. I sleep with one on my forehead, usually meditating with it before I conk out, I can instantly go to "zen" mode and just be still and silent, incredible clarity. I touch it to everything I consume, every item I own or come near.

I've got various friends coming over in another week for a house warming party and plan to pillow everyone that comes through my door... just because! 😊 From a couple of the sensitives, I expect some fun to unfold! Going to promote the heck out of them Josh and steer some orders your way! 😊

I got to remember to pillow the cats, might just rock their world... lol

Tony

[Spirit Walker](#)

[flower remedies for allergies](#)

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4 posts • Page 1 of 1

[flower remedies for allergies](#)

▣ by [nepipemi](#) on Tue Jun 29, 2010 9:23 am

I was wondering if the flower remedy practitioners might help me with trying to figure out what I need to alleviate allergies? They developed suddenly when I was 19 yrs old and wreak havoc on my life every year since. They come and go all year around. I have never been tested for the allergens but I suspect pollen and molds. I believe I've also developed an allergy to some wools in the past 10 years. When I'm having a bad allergy day, if I see dust floating through the air, I sneeze, if I smell a strong smell, I sneeze, if I experience a sharp temperature change, I sneeze. I am not sure what exactly brings on a bad allergy day but one of the things I do know is if it is a cold day and I am not active keeping my body temperature up, then my nose gets cold, and then it becomes an unstoppable "bad allergy day". It is mostly uncontrollable, debilitating sneezing, runny nose. Sometimes my eyes itch.

I've tried EFT and if I'm not already in the middle of a "bad allergy day", I can head it off usually. The things I say while doing the tapping are usually along the lines of "I am safe", "no need to reject anything", "it's not going to harm me". I'd really like to get to the bottom of this allergy thing. I don't know why I'm still hanging onto it and would like to be done with it.

Any ideas?



Nepi

[nepipemi](#)

Posts: 45

Joined: Sat May 29, 2010 3:35 am

[Top](#)

[Re: flower remedies for allergies](#)

▣ by [sacred](#) on Mon Jul 05, 2010 6:34 pm

Hi Nepi

Sorry for the delay in replying - I didn't realise this thread was here. My first question to you would be what happened at 19 years of age? Usually there's a

connection between the time an imbalance presents itself, and what happened in the person's life just prior to that. Was there something 'overpowering' (person maybe?) you weren't able to deal with?

Allergies can be a way of keeping distance between yourself and others (unconsciously, of course 😊)

Typical flower remedies for allergies are Beech (sensitive to all the little things in life), Chicory (those who need this remedy 'can't get enough', whether it be love, or air to breathe), Rock Rose (for anaphylactic shock), Star of Bethlehem (for shock - it neutralises the freezing effect shock has on the cellular level of the body), Walnut (aura protection), Aloe (soothes inflamed situations and also seals holes in the aura), Dill (for those who are sensitive to their environment, but more so for sound, although it does provide a buffer-zone), Scleranthus would be beneficial as you mentioned allergies being triggered by extremes in temperatures (Scleranthus balances opposites, or energies that swing from one extreme to another, eg hormones).

These are some of the remedies I use, but it depends on the cause and the person's story as to which apply to them. For example, if you lost your mother around that time, you would benefit from something like Mariposa Lily, if you did not receive nurturing and feel that that source has 'dried up'.

If you're able to trace any trigger or possible cause of imbalance around the time these started, that would help me be more specific for you, as there are other remedies I would use in conjunction with some of the above, depending on what your unique situation is.

The more information you can give me, the more specific I can be in recommending a flower remedy formula. I understand this may be too personal to share in a public forum, and invite you to msg me should that be the case.

Linda



[sacred](#)

Posts: 79

Joined: Sat Jun 26, 2010 9:44 pm

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[Top](#)

[Re: flower remedies for allergies](#)

▣ by [nepipemi](#) on Tue Jul 06, 2010 1:42 am

Hi Linda,

Yes, this could be quite personal in answering the details but I think I will give it a go here. I really think flower remedies are a great example of energetic medicine, incredible really, and most people aren't familiar with them. I love to learn about them and if my lesson can help others, then so be it that the whole world shall hear of my follies. At least they are in the past. 😊 If it becomes too sensitive, then I might resort to PM, but for now, public is OK, (but a fair warning to readers, if you don't want to hear the details, don't read the novel). Thank you so much, Linda.

I can't believe how obvious it is. Yes, there was definitely an overpowering person who I was unable to deal with at the time--a short, intense, violent and passionate relationship, with liberal quantities of alcohol and drugs. We became engaged near to the end of the relationship (matter of fact, the engagement was part of the make-up ritual after a fight), but after the fight to end all fights, I left the state where I had been for about 5 years and "went home" 2000 miles away across the country so when you say "keeping a distance between yourself and others", it rings true in that aspect. However the allergies started when were together.

I'll use the descriptions of the flower remedies you described to relate my story. "Sensitive to all the little things in life" is something that I can relate to. Definitely overly sensitive as a child, would cry at the slightest hint of a harsh word...definitely an approval seeker back then. I'm still sensitive to moods and environments and can't be in chaos, around negative people, or city life very easy. People say that my cage is rattled easily. I pick up on people's moods and take it into myself all too easily. I'm more confident I used to be and at least have the self esteem to get away from people who abuse, manipulate or make me feel like crap. At 19, I was still pretty emotionally needy and when He was in a bad mood, I couldn't just leave him because I was sure it either had something to do with me or some need that I wasn't fulfilling for him. I had this thing in my head that if he wasn't happy, it was due to my inability to satisfy him and fulfill him. I was in a total servant mindset. Not right, not healthy. Then again, my dad was pretty demanding and often had taken out his frustration or anger on me by blaming me for not doing this or doing that saying it was the

cause of his foul mood.

"...can't get enough', whether it be love, or air to breathe". At that time, that was certainly the way I approached life, overdoing everything because I couldn't get enough of the experience. The two of us approached the relationship like that, too. Also resources, I was young and money was scarce. I still sometimes go overboard with stuff, but I've way calmed down, not near anything like I used to be.

About shock, I don't remember the exact order of events but I had never experienced domestic violence before. The first time he put his fist through a wall, I was pretty much dumbfounded and in shock.

Around 10-15 yrs ago, black walnut became my favorite tree because I loved everything about it, the nuts, the beautiful wood, the hulls (to make natural dye with). LOL

The balancing of opposites...I've mentioned my tendency to overdo (or to severely neglect). Balance is usually lacking in my life. Unfortunately, I tend to think of 'routine' as a synonym for 'balance' and 'boredom' as a synonym for 'routine'. I'm probably wrong but please explain that to my subconscious.

Other details about the time when the allergies started... I had just gotten a new boyfriend who had his own vehicle in good repair, a good paying warehouse job and a really nice apartment. I also came into a better job with better pay and more prestige than I'd had before (at his prodding that I deserved better than what I'd been getting because until then, I never thought I deserved anything but "whatever I could get" always settling for less). I'd been living away from both my parents for several years at that point and money and poverty were always an issue so I felt as if I had finally "arrived" now that I was in this new great situation. When the relationship got violent and abusive and alcohol and drugs were not used responsibly, I didn't know what to do because I was as much attached to him as I was the new lifestyle. Leaving wasn't a choice and I was clinging desperately to him and to it all "come hell or high water" because I wasn't going back to not having anything again. When the end did come, I suffered emotionally like longer and deeper than I've never suffered in my whole life, even up to this day, because the two of us really had formed a deep emotional bond (and they say teenagers don't really know what love is). I went back "home" and cried myself to sleep every night for 6 months and he got put in prison for 2 years on a drug charge. As I write, I'm really starting to think that the trigger might have been the first incident of violence with the hole in the wall. I think he brought home a pint of tequila after work. Maybe it was second incident. It wasn't too far into the relationship because I remember I started

having allergies at my new job.

Ok, so that sums up most of the difficult emotional junk that I remember from that time period. Coincidentally, I was across the country then because my mother was moving there and I thought it would be a good way to get away from my new stepmother. I had always lived with my father because I had a difficult relationship with my mother. No sooner than we got out there, she kicked me out so that is why I had been living on my own. At the point of the story I've told above, i did not even have contact with my mother so when I left the state, she was unaware but the last time I ever saw her was out there a couple years prior to all that.

If anyone finds this too personal or finds it offensive, then please speak up and we'll go to PM. For me, it's just a bit of history that I'm not proud of but I'm not ashamed of either.

Linda, thank you again. 😊

Many blessings,
Nepi
[nepipemi](#)

Posts: 45

Joined: Sat May 29, 2010 3:35 am

[Top](#)

[Re: flower remedies for allergies](#)

▣ by [sacred](#) on Wed Jul 07, 2010 12:04 am

You're very welcome .. 😊

Re keeping space between you, maybe you were creating space between you ...
?

I can relate to your sensitivities ... have you read up on HSP's? (highly sensitive persons) ... Elaine Aron has done some great work in that area ..

<http://www.hsperson.com>

Red Chestnut is for those sensitive to others (people)
Dill is for sensitive to external stimuli
Beech for sensitivity to all the little things that irritate us

Allergies, runny noses and such are also indications of emotional release ... and with your story, you've had some separation to deal with, so a heart remedy would help.

Self-Heal is another brilliant remedy for physical things as it gears your body towards what it needs, and away from what it doesn't need - this would be different for each individual.

*nepipemi wrote:*black walnut became my favorite tree because I loved everything about it, the nuts, the beautiful wood, the hulls (to make natural dye with). LOL

the wood is absolutely gorgeous, isn't it? I had forgotten all about black walnut and how beautiful it is, so thanks for reminding me! 😊

I do a bit of natural dying too ... have bags of onion skins ready for my next cinnamon colour ... about 70% brown onion skins & 30% red onion skins ... or make it 'warmer' by increasing the red onion skin ratio ... 😊



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[Top](#)